Tipperary Under 13 to Under 19 Championships Nenagh Saturday 22nd February 2014 @ 11.30am

```
60mH, 60m, 600m, 1Km Walk, HJ, LJ, Shot, 4 \times 100m Relay
Girls & Boys U13
Girls & Boys U14
                    60mH, 60m, 800m, 1Km Walk, HJ, LJ, Shot
Girls & Boys U15
                    60mH, 60m, 800m, 1Km Walk, HJ, LJ, Shot, 4 x 200m Relay
Girls & Boys U16
                    60mH, 60m, 800m, 1Km Walk, HJ, LJ, Shot
Girls & Boys U17
                    60mH, 60m, 800m, 1Km Walk, HJ, LJ, Shot, 4 x 200m Relay
Girls & Boys U18
                    60mH, 60m, 400m, 1500m. 1Km Walk, HJ, LJ, Shot
Girls & Boys U19
                    60mH, 60m, 400m, 1500m. 1Km Walk, HJ, LJ, Shot, 4 x 200m Relay
```

Track Events at 11.30am

Girls	U13	60mH	2'3"
Boys	U13	60mH	2'3"
Girls	U14	60mH	2'3"
Boys	U14	60mH	2'6"
Girls	U15	60mH	2'6"
Girls	U16	60mH	2'6"
Boys	U15	60mH	2'9"
Boys	U16	60mH	2'9"
Girls	U17	60mH	2'6"
Girls	U18	60mH	2'6"
Girls	U19	60mH	2'9"
Boys	U17	60mH	3'0"
Boys	U18	60mH	3'0"
Boys	U19	60mH	3'3"
		_	

Finals before change of Hurdles

Sprints

Girls 13	60m Heats
Boys 13	60m Heats
Girls 14	60m Heats
Boys 14	60m Heats
Girls 15	60m Heats
Boys 15	60m Heats
Girls 16	60m Heats
Boys 16	60m Heats
Girls 17	60m Heats
Boys 17	60m Heats

Girls 19 60m Heats Boys 19 60m Heats

Finals in Same Order

Outside Track at 11.30am

Girls	Walks
Boys	Walks
Girls Under 19	1500m
Boys Under 19	1500m
Girls Under 17	800m
Boys Under 17	800m
Girls Under 16	800m
Boys Under 16	800m
Girls Under 15	800m
Boys Under 15	800m
Girls Under 14	800m
Boys Under 14	800m
Girls Under 13	600m
Boys Under 13	600m
Girls Under 19	400m
Boys Under 19	400m
D 1 111 41	1 470

Relays will be the last Track Events

Order dependent on Situation in Field Events

All Above on Time Only (No Heats)

Field Events @ 11.30am									
Series	1	2	3	4	5	6			
H.J.1	B.16	B.13	B.17	B18/19	B.14	B.15			
H.J 2	G.16	G.13	G.17	B18/19	G.14	G.15			
L.J. 1	B18/19	B.17	B.15	B.16	B.13	B.14			
L.J. 2	G18/19	G.17	G.15	G.16	G.13	G.14			
Shot	B.13	G.14	G.16	G.17	B.15	G18/19			
Shot Cont	G.13	B.14	B.16	B. 17	G.15	B18/19			

High Jumps will commence after the sprints Order may change & there may be doubling of some ages

Individual events:- Athletes are confined to their own age group. U/17s may guest in the U19 400m only. U/18 to compete at U19 except for 60mH.

Relay Races: - Relays, athletes may move up 2 age groups in all cases & may be a member of two teams on the day as per Munster & AAI Rules EXCEPT where a club is entering more than one team in any one race. All races on the 200m track, will be on time

Entries to be e-mailed: to tippjuvsecretarytf@gmail.com
Closing Date Tuesday 18th February @ Midnight.