

Tipperary U9 to U12 Indoor Championships

Nenagh, Sunday March 9th 2014 @ 11.30am

EVENTS

Girls & Boys U9 60m, Gold & Silver, 300m, L.J. 4 x 100m Relay.
 Girls & Boys U10 60m, Gold & Silver, 300m, L.J. 4 x 100m Relay.
 Girls & Boys U11 60m, Gold & Silver, 300m, L.J. 4 x 100m Relay.
 Girls & Boys U12 60m, 600m, L.J, HJ, Shot, 4 x 100m Relay.

Track Events at 12.00pm

Girls & Boys U9 300m
 Girls & Boys U10 300m
 Girls & Boys U11 300m
 Girls & Boys U12 600m

All Races on Time

Girls U9 60m Heats
 Girls U10 60m Heats
 Girls U11 60m Heats
 Girls U12 60m Heats

Field Events

Series	1	2	3	4	5
H.J. 1	B 12				
H.J..2	G.12				
L.J. 1		B.09	B.11	G.09	G.11
L.J..2		B.10	B.12	G.10	G.12
Shot		B.12		G.12	

High Jumps @ 11.30am
Long Jumps as Athletes finish 300ms

Boys Events on Track Same Order

U9, U10 & U11 will get two 60m races as follows. After the heats the athletes will be split into 2 Groups (Gold & Silver). Each group will then be ran off in the normal way with medal winners in both groups. Athletes may enter only ONE track event on the day i.e. sprint or distance race. U12s will be run off in the normal way as one group.

Relays

Order dependent on Situation in Field Events

Girls U9 4 x 100m
 Boys U9 4 x 100m
 Girls U11 4 x 100m
 Boys U11 4 x 100m
 Girls U10 4 x 100m
 Boys U10 4 x 100m
 Girls U12 4 x 100m
 Boys U12 4 x 100m

All Races on Time

All athletes confined to their own age group categories in individual events.

All Relays, 300m & 600m races will be on time only.

In Relay Races Athletes may move up two age groups, except where a club has entered more than one team in any age group. Athletes may only compete in one Relay

The order of events may be changed on the day depending on how events are progressing.

Entries to be e-mailed to tippjuvsecretarytf@gmail.com

Closing date for entries Tuesday, 4th March, 2014