Guinness World Record Attempt Sun 15 Mar 2015



Most people taking part in an indoor relay in an hour

www.nenagholympic.com

NOAC Open Indoor Competition U13 - Junior

Sunday 11/01/15 -- NB!! ALL AGE GROUPS BASES ON THE 2015 ATHLETICS YEAR .

Start Time	10:30				11:30																			
Outer Track	GU15 1000m Wk		GU 17/19 1500m Wk	1500m	G Jun 3000m Wk												G19 800m	B Jun 1500m		B17 200m	G17 200m	B19 200m	G19 200m	*
		Hig	gh Jump	os			Hurdles							60m Sprints										
	HJ1x 3		HJ2 x 3		HJ3 x 2									· ·										
Sprint			GJU/19																					[]
Lanes	B13 HJ		HJ			B13 Hd	G13 Hd	B15 Hd	G15 Hd	B17 Hd	G17Hd	B19 Hd	G19 Hd	BJU Hd	GJU Hd	B17 60m	G17 60m	B19 60m	G19 60m	B13 60m	G13 60m	B15 60m	G15 60m	↓I
	G13 HJ		B15 HJ		G17 HJ																			↓
	BJU/19 HJ		G15 HJ																					∐
Long				ı			l	ı	l		ı		ı	ı	ı	ı		ı	ı			ı		4
Long Jump 1	B17 LJ			B13 LJ						BJU/19 LJ				B15 LJ										
Long Jump 2	G17 LJ			G13 LJ						GJU/19 LJ				G15 LJ										
Shot	GI7 LJ				BJU/19 SP		GJU/19 SP		B15 SP		B17 SP		G15 SP		G17 SP		B13 SP		G13 SP					

Doors Open 09:30 Shop will be open for hot drinks, sandwiches, etc.

Start time for LJ, HJ and Walks: <u>10:30</u> Entry Fee : Flat charge of €5.00 per athlete paid at the door.

Start time all other events: <u>11:30</u> Entries will be taken on the day

Notes

1	Athletes check in/enter when an event is called						
	Check in for track events at the call/assembly areas,						
	Check in for field events at the event area						
2	Medals for U13 and U15.						
	U19 will be competing with the Juniors for LJ, HJ, and shot						
3	These will not be separate competitions, i.e. only one set of winners.						
4	U17 and U19 walks will be run together as both are over 1500m,						
	These will be separate competitions, i.e. two sets of winners						

		_	
Relay	U13 B&G 4x100m	Τ	
X 10	U15,17,19,Jun B&G 4x200m	$ lab{V}$	ı

Spectators attending the open day are free - all are invited to sponsor the club's **Guinness World Record Attempt on Sun 15 Mar 2015**"Most people taking part in an indoor relay in an hour"
All proceeds will go to the complex development fund.

http://www.nenagholympic.com/complex-development.html

Guinness World Record Attempt Sun 15 Mar 2015



Most people taking part in an indoor relay in an hour

www.nenagholympic.com