Nenagh Olympic Athletic Club



www.nenagholympic.com

North Tipperary Primary Indoor Competition for 4th, 5th and 6th classes. Nenagh Indoor Stadium Thur Nov 6th 2014

EVENTS

Girls & Boys 4th Class: 60m, 300m, Long Jump, 4 x 100m Relay. Girls & Boys 5th Class: 60m, 300m, Long Jump, 4 x 100m Relay. Girls & Boys 6th Class: 60m, 600m, Long Jump, Shot, 4 x 100m Relay. Mixed (2 boys and 2 girls) 4th, 5th and 6th Classes: 4 x 100m Relay.

Check in: 10am SHARP!

Track Events at 10.30am

Outside track.

Girls & Boys 6th Class 600m Girls & Boys 5th Class 300m Girls & Boys 4th Class 300m

Inside track.

Girls and Boys 6th Class 60m Girls and Boys 5th Class 60m Girls and Boys 4th Class 60m

Field Events			
Series	1	2	3
	10.30	11.00	11.30
L.J. 1	B 4th	B 6th	B 5th
L.J. 2	G 4th	G 6th	G 5th
Shot		G 6th	B 6th
	Series L.J. 1 L.J. 2	Series 1 10.30 L.J. 1 B 4th L.J. 2 G 4th	Series 1 2 10.30 11.00 L.J. 1 B 4th B 6th L.J. 2 G 4th G 6th

- Finals of sprints will be run immediately after heats.
- Athletes may enter only <u>ONE</u> track event and <u>ONE</u> field event on the day.

Relays

- Relays will start immediately after completion of inside and outside track events.
- Order of the relays may change, depending on the progrss/completion of Field Events

Girls. Boys. Mixed 6^{th} Class. $4 \times 100 \text{m}$ Girls. Boys. Mixed. 4^{th} Class $4 \times 100 \text{m}$ Girls. Boys. Mixed. 5^{th} Class $4 \times 100 \text{m}$

- All athletes confined to their own classes in individual events. In Relay Races, athletes may move up a class.
- Athletes may only compete in <u>ONE</u> Relay.

The order of events may be changed on the day depending on how events are progressing